

EOTO Mentor

Volunteer Expectations and Commitments

If you're thinking of becoming a mentor for BAATN, that's great! Without you, this service would cease to exist, and we are counting on you sharing your wealth of practical, emotional and experiential experience with those Black, African, Asian and Caribbean trainee therapists following in your footsteps.

Key points:

- You will be volunteering in the EOTO mentoring programme that will run for seven months within the academic year from Jan 2019 to July 2019.
- We have found that the mentoring experience works best if mentors are also active members of BAATN. This could be as a Practitioner Member or a Directory Member. There are many benefits to being a member that can be seen [here](#). Mentors will also be able to attend one BAATN conference and get an extra 20% off one BAATN event during the year that they are mentoring.
- You will be asked to provide monthly or fortnightly 1hr meetings either face to face or via Skype/Phone. We encourage the first meeting to be face to face.
- A contract will need to be signed between you and your mentee to agree on various parts of the working agreement including what level of support, if any, you are offering in-between sessions and in what form; email/phone etc. A copy of the contract can be Downloaded from the BAATN website.
- New mentors will have a one to one induction meeting either face to face or via phone/Skype.
- Mentors can claim £10 for each meeting they have with their mentee plus reasonable travel expenses. There is a separate reimbursements document available on request.
- It is important that as a mentor you do not feel isolated. You will be assigned an EOTO coordinator who will have regular contact with you through the whole programme.
- There will be Mentor Meet Ups, face to face and via Skype, to come together and share experiences. Dates for these meeting will be available when matching takes place in January.

- An individual can either be a mentee or a mentor but not both in the same programme year.

We're looking for mentors to:

- Help address issues arising from the academic training the mentee is receiving
- Offer managing or coping suggestions arising from issues related to colour, faith, sexuality, etc.
- Reflect the mentee's concerns to provide them with clarity and understanding
- Be a listening ear.
- Provide practical and measurable support by way of action points.
- To be available for your mentee on a regular basis. The frequency of this is to be discussed and agreed with the mentee.

Mentors need to be:

- Qualified to diploma level or above and be a member of a registering body; for example BACP, UKCP, BPS.
- Committed to the programme and accepting of the mentees contributions
- Able to dedicate at least a quarter of the mentee's time per week/ month/session to proactive support.
- Responsible for going through and agreeing the 'EOTO Mentoring Contract' contract with the mentee.
- Responsible for submitting brief progress reports at the halfway and completion points of the programme.
- Provide a safe environment to conduct mentoring when meeting face-to-face. This could be in a private or public space.
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The mentoring team will:

- Liaise with mentors and mentees involved in the 'Each One Teach One' project.
- Assist with matching mentees with mentors.
- Collect progress reports from mentors. This information will form part of the programmes annual review and will go towards supporting future mentors.
- Mediate any disputes between mentee and mentor regarding assessments or other issues.
- Support the mentor to ensure they are aware of the different types of support available to them within the mentoring community.

- Be committed to ensuring all the information disclosed to you remains confidential in line with our Privacy Policy.

E-mail the programme administrator Sheila Hicks for queries and questions
mentoring@baatn.org.uk