

EOTO Mentee - Expectations & Commitments

Who Can Become a Mentee?

The BAATN mentoring programme is intended to assist students of Black, African, Asian and Caribbean heritage who are still in the process of counselling or psychotherapy training.

You will need to have BAATN student membership and be self-motivated. Once paired with your mentor, it will be your responsibility to 'manage' the information you both discuss. What comes up for you may be challenging or even a little uncomfortable at times; however, you will see the benefits yourself as you and your mentor work constructively together.

The mentoring programme asks mentees to make a commitment of time to their personal development while working with their mentors. As mentors involved in this project are volunteers, we ask that mentees commit to a regular period of meeting to discuss their on-going development and progress.

What Can Mentees Expect from the Service?

- Mentees will be free to discuss any subject matter they wish with their mentor.
- Mentees will be assigned an EOTO support person who will be available to support your relationship with your mentor throughout the whole programme.
- There will be mentee meetups, face to face and via Skype, to come together and share experiences. Dates for these meeting will be available when matching takes place in January 2019.

Roles and expectations

- The mentee is an individual who meets the above criteria and is interested in being mentored.
- An individual can either be a mentee or a mentor but not both in the same programme year.

- The mentee is expected to dedicate a pre-agreed amount of time each week/month to attend the meetings with the signed mentor for their personal development. Failure to commit to the agreed time is likely to result in failure within the programme.
- The mentee is expected to complete the programme as described above or make necessary scope adjustments with their mentor.
- The mentee will have the opportunity to express their views on the mentoring programme at the halfway point and the end of the programme.

The mentoring team will:

- Liaise with mentors and mentees involved in the 'Each One Teach One' programme.
- Assist with matching mentees with mentors.
- Collect progress reports from the mentors. This information will form part of the programmes annual review and will go towards supporting future mentees.
- Mediate any dispute between mentee and mentor if neither party can resolve on their own.
- Be committed to ensuring that all information disclosed to you remains confidential in line with our Privacy Policy.

E-mail the programme administrator Sheila Hicks for queries and questions
mentoring@baatn.org.uk