

## WHO ARE WE

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We are the UK's largest independent organisation that specialises in working psychologically with Black, African, Asian and Caribbean people.

Our goal is the individual and collective processing of our inner experiences for the benefit of our communities and to give a voice to a 'Black empathic approach'<sup>1</sup> in therapy and therapy education. As a body, we will seek to integrate into mainstream psychotherapy training, literature and practice.

Inequality of access to appropriate psychological services for Black, African, Asian and Caribbean people is a well-recognised reality. BAATN actively supports new therapists into the profession; organises gatherings to energise and inspire therapeutic practice; and develops partnerships with institutions and individuals who want to develop their skills around working with Black and Asian issues in therapy, supervision and training.

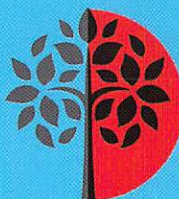
<sup>1</sup>A black empathic approach is a concept presented by Isha McKenzie-Mavinga (2009)

## Contact us

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Membership, Events & Enquires	<a href="mailto:connect@baatn.org.uk">connect@baatn.org.uk</a>
Student Mentoring Programme	<a href="mailto:mentoring@baatn.org.uk">mentoring@baatn.org.uk</a>
Leadership Team	<a href="mailto:leadership@baatn.org.uk">leadership@baatn.org.uk</a>
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Phone	020 3600 0712
Facebook	<a href="http://www.facebook.com/baatn/">www.facebook.com/baatn/</a>
Twitter	<a href="http://twitter.com/baatnman">twitter.com/baatnman</a>

[www.baatn.org.uk](http://www.baatn.org.uk)



Please pass this leaflet to friends, colleagues, GPs, therapeutic institutions and anyone who might be interested.

The Black, African and Asian Therapy Network is a Not for Profit Organisation

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**BAATN**  
The Black, African and  
Asian Therapy Network



Bringing a Black and  
Asian Perspective to  
Psychotherapy and  
Counselling

## Therapist Directory

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BAATN is the first place to go if you are looking for a therapist from African, Asian or Caribbean heritage in the UK. If you can't find who you are looking for you can 'Ask the Network'. They can be very resourceful in finding you the right person.

## Membership

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You can become a member of BAATN if you are a therapist or a member of the public who is of African, Asian and Caribbean heritage. Others who are supportive of the aims of the network are also welcomed as members.

## Resource Library

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Explore the internal psychological world from an African, Asian and Caribbean perspective with a focus on the UK experience.

Listen to Podcasts that feature prominent Black, African, Asian and Caribbean therapists sharing their thinking and psychological concepts.

Download articles and videos that speak into the issues of race and culture in therapy and it's impact on mental health.

## Events and Training

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BAATN offers healing and learning spaces for members of the public who want to engage proactively and consciously in their psychological lives as well as healing and learning spaces for therapists and others in the helping professions.

Through connection rather than isolation we can liberate our energies and develop our inner resources to pursue our ideals, as we face a racialised world.

We also provide professional skills development workshops and trainings for everyone within the therapy and helping professions, regardless of their background.



## Our Vision

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For people of Black, African, Asian and Caribbean heritage in the UK to have the means available to them by which they can psychologically liberate themselves and live their lives according to their ideals.

All are welcome to join the network