

WHO ARE WE

We are the UK's largest independent organisation that specialises in working psychologically with Black, African, Asian and Caribbean people.

Our goal is the individual and collective processing of our inner experiences for the benefit of our communities and to give a voice to a 'Black empathic approach'¹ in therapy and therapy education. As a body, we will seek to integrate into mainstream psychotherapy training, literature and practice.

Inequality of access to appropriate psychological services for Black, African, Asian and Caribbean people is a well-recognised reality. BAATN actively supports new therapists into the profession; organises gatherings to energise and inspire therapeutic practice; and develops partnerships with institutions and individuals who want to develop their skills around working with Black and Asian issues in therapy, supervision and training.

¹A black empathic approach is a concept presented by Isha McKenzie-Mavinga (2009)

Contact us

Membership, Events
& Enquires membershipandevents@baatn.org.uk

Student Mentoring
Programme mentoring@baatn.org.uk

Instagram [instagram.com/baatn_network/](https://www.instagram.com/baatn_network/)

Facebook [facebook.com/baatn/](https://www.facebook.com/baatn/)

Twitter twitter.com/baatn_network

www.baatn.org.uk



Please pass this leaflet to friends,
colleagues, GPs, therapeutic
institutions and anyone who might be
interested.

The Black, African and Asian Therapy Network is a Not for
Profit Organisation

BAATN
The Black, African and
Asian Therapy Network



**Bringing a Black and
Asian Perspective to
Psychotherapy and
Counselling**

Therapist Directory

BAATN is the first place to go if you are looking for a therapist from African, Asian or Caribbean heritage in the UK. If you can't find who you are looking for you can 'Ask the Network'. They can be very resourceful in finding you the right person.

Membership

You can become a member of BAATN if you are a therapist or a member of the public who is of African, Asian and Caribbean heritage. Others who are supportive of the aims of the network are also welcomed as members.

Resource Library

Explore the internal psychological world from an African, Asian and Caribbean perspective with a focus on the UK experience.

Listen to Podcasts that feature prominent Black, African, Asian and Caribbean therapists sharing their thinking and psychological concepts.

Download articles and videos that speak into the issues of race and culture in therapy and its impact on mental health.

Events and Training

BAATN offers healing and learning spaces for members of the public who want to engage proactively and consciously in their psychological lives as well as healing and learning spaces for therapists and others in the helping professions.

Through connection rather than isolation we can liberate our energies and develop our inner resources to pursue our ideals, as we face a racialised world.

We also provide professional skills development workshops and trainings for everyone within the therapy and helping professions, regardless of their background.



Photo: Kris Black



Our Vision

For people of Black, African, Asian and Caribbean heritage in the UK to have the means available to them by which they can psychologically liberate themselves and live their lives according to their ideals.

All are welcome to join the network